



# Discover Vorpommern

PRISTINE NATURE, UNIQUE CULTURE AND MARITIME TRADITIONS



# TIME FOR YOU IN VORPOMMERN

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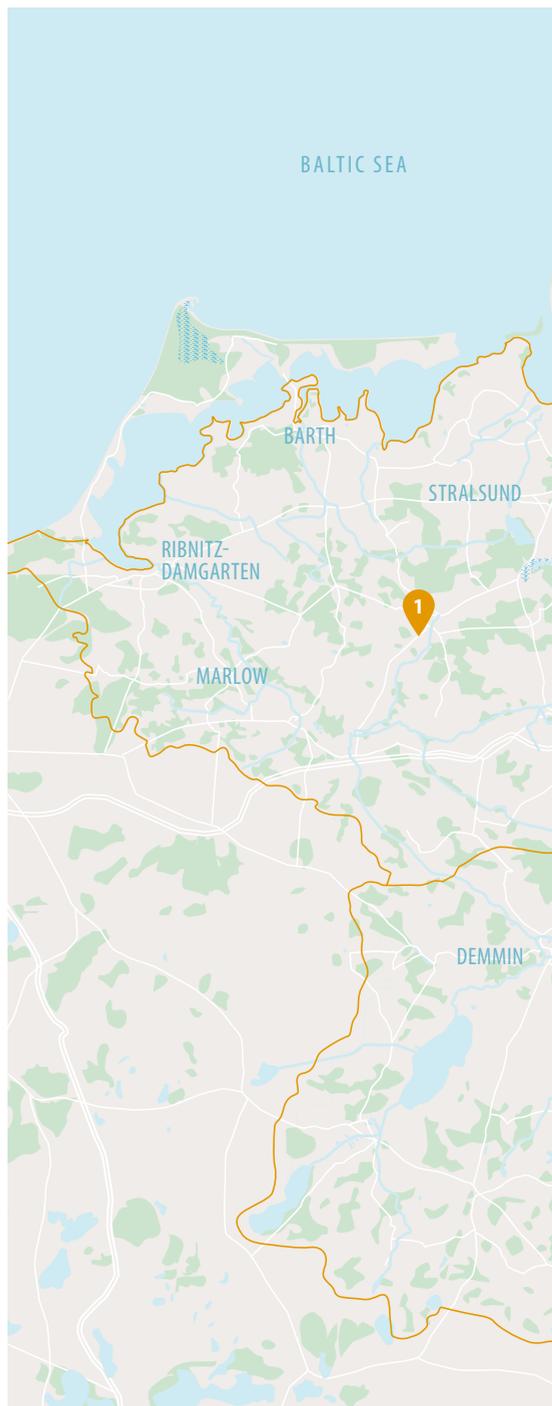
The orange borders show the destinations of Vorpommern.

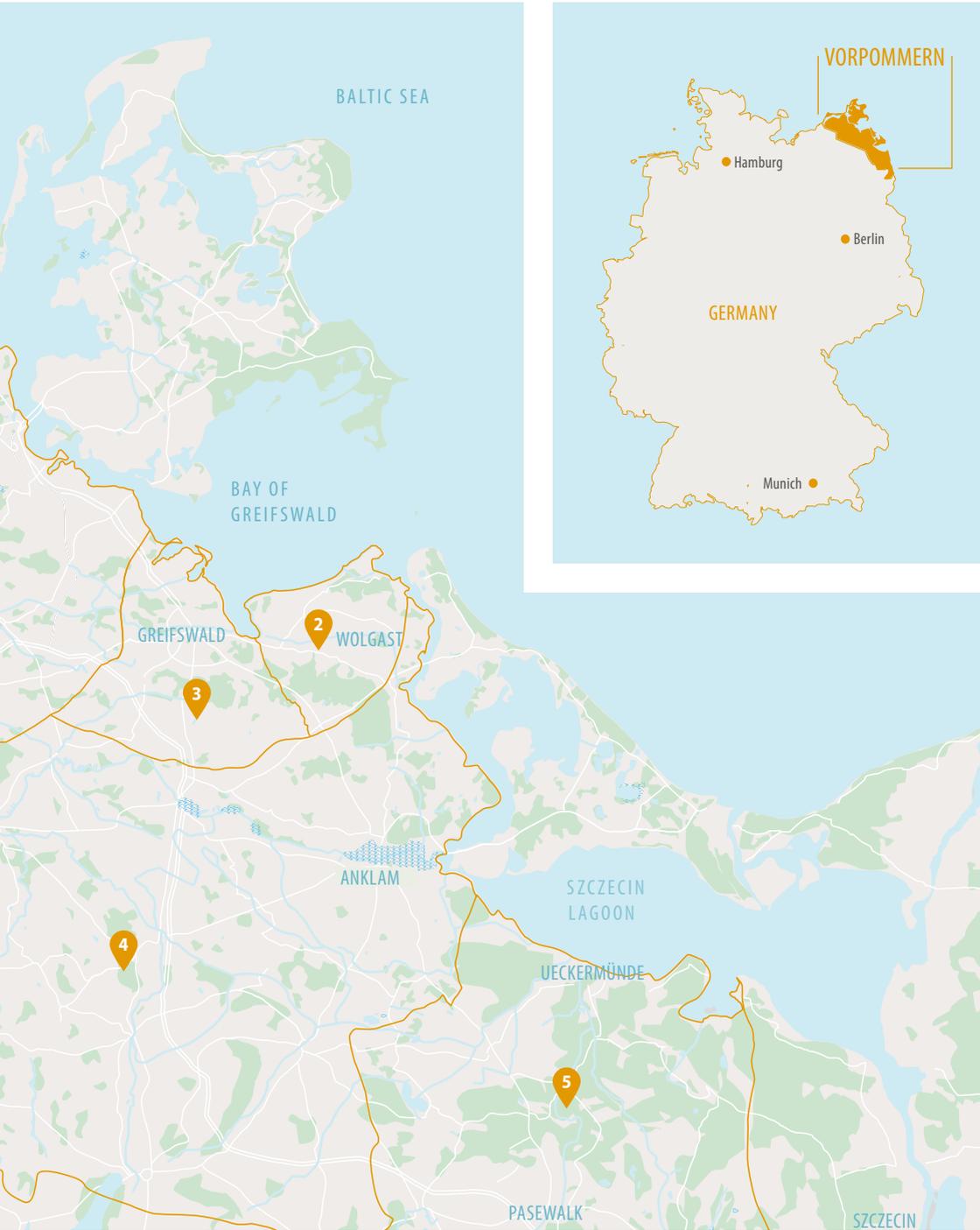
- 1 Strelasund, Trebel Valley and Bird Park Region Recknitz Valley
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## WELCOME TO VORPOMMERN, YOUR HOLIDAY DESTINATION

Vorpommern welcomes you with pristine nature, endless expanse, quaint fishing villages and lovingly restored old towns. This is an ideal holiday region for families, cultural holidaymakers and nature lovers.

On the southern Baltic coast and with direct access to Szczecin Lagoon, Vorpommern is perfect for a holiday on the water. The hinterland's unspoilt river valleys and broad

landscapes of meadows and forests are equally captivating. The erstwhile source of inspiration for Romantic artists *Caspar David Friedrich* and *Philipp Otto Runge* still enchants today with its unrivalled beauty.

**Discover the variety and be amazed  
by insider tips for Vorpommern!**



## STRELASUND, TREBEL VALLEY AND BIRD PARK REGION RECKNITZ VALLEY

The Strelasund separates the island of Rügen from the mainland and connects the Baltic Sea with the Bay of Greifswald. The scenery along the rivers Recknitz and Trebel promises pure nature and rich fauna and flora. You are sure to have a varied holiday in the region around the Recknitz and the towns of Bad Sülze, Marlow and Ribnitz-Damgarten. Set off from Marlow on cycling or walking tours, delighting in the fields of rapeseed and cornflowers,

historic estates, fieldstone churches, handicrafts and producers of regional products like oils, mustard, liqueurs or salt sweets. Following the salt trail will lead you to the *Salt Museum* in Bad Sülze or along the *old Salt Road*.

**Tip: Bird Park Marlow will enchant young and old with its diverse wildlife and game landscapes.**



## SEASIDE RESORT LUBMIN AND BAY OF GREIFSWALD

The region on the Bay of Greifswald entices with broad sandy and idyllic natural beaches. The shallow water is perfect for a relaxing family holiday. With a seven-kilometre beach, coastal forest and lots of things to do, Lubmin is a popular seaside resort. Far away from mass tourism, the small natural beaches in the area, e.g. in Ludwigsburg, are a real insider tip. If you like things a bit more active, let off steam at the surfing and

kitesurfing spots in Loissin or Lubmin, where you can also try the popular stand-up paddleboarding.

**TIP:** You can enjoy a delightful break in the “Alte Wetterstation Lubmin” bistro. Try the delicious coffee and cakes or small dishes against the fantastic backdrop of the Bay of Greifswald!





## UNIVERSITY AND HANSEATIC CITY OF GREIFSWALD

Historic city ambience meets modern student life in the University and Hanseatic City of Greifswald. You will find traditional masonry, beautifully restored old churches and the biggest museum harbour in Germany on a section of the European Route of *Brick Gothic* and the *Schwedenstraße* project. Colourful life is going on behind the pretty façades: *Nordischer Klang*, *Bach Week* or *PolenmARKT* are just a few examples of the diverse cultural events.

**TIP:** The Eldena Jazz Evenings are celebrated every year at the end of June / start of July. A weekend full of top-class jazz music against the breathtaking backdrop of the Ruins of Eldena Abbey is a true highlight that no culture fan should miss!





## PEENE VALLEY AND PEENESTROM

With its *Peene Valley River Landscape Park*, the Peene region offers a unique and pristine landscape that is home to rare plants and animals. Experience this biological diversity with soft tourism experiences, such as a Peene safari in a quiet solar boat. Or why not try paddling a canoe and look out for the many beavers that make their home here. There are many rest areas along the river where canoe adventurers can take a break. Historic manor houses offer regional delicacies, while the Hanseatic City of Anklam, birthplace of aviation pioneer *Otto Lilienthal*, awaits with

many cultural experiences. Peene river region was awarded with the EDEN award 2010 and the special prize *"nature experience & biological diversity"* in the German National competition for Sustainable Tourism Destinations 2016/2017.

**TIP:** Head out on the trail of native sea eagles on walks with certified nature and landscape guides, or, in autumn, watch the fascinating crane migrations in the bird sanctuary.





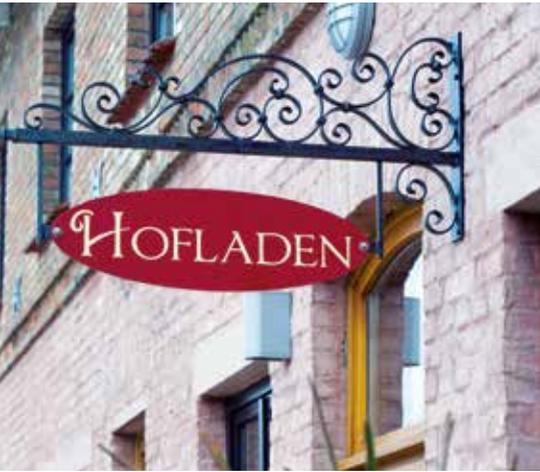
## SZCZECIN LAGOON

Peaceful natural beaches on the coast of the lagoon, forests, meadows and unique inland dunes – all this is offered by the unspoilt nature of Szczecin Lagoon. The *Szczecin Lagoon Nature Park* with visitor centre in Eggesin features amazing diversity from lowland fens to heath and sand landscapes. The seaside resort of Ueckermünde with its historic old town lies at the mouth of the Uecker on Szczecin Lagoon. Sailors will certainly get their money's worth with attractive harbours in Ueckermünde and the resort of Mönkebude.

The little fishing villages are a sprinkling of rustic charm around the lagoon. The seaside resort of Ueckermünde sees itself as a family-friendly resort, offering an ideal holiday destination for the whole family!

**TIP:** Visit the seaside resort of Ueckermünde! The Pomeranian cog *UCRA* is a special highlight. It was built in the historic *Torgelow workshops* and now sits in the town harbour.





## TRADITION MEETS MODERN: HISTORIC MANOR HOUSES ON THE PEENE, THE AMAZON OF THE NORTH

Vorpommern captivates with countless manor houses that combine historic charm with modern life.

A unique cobblestone drive flanked by ancient trees leads to *Gutshaus Stolpe*. Built by the mid-19th century, the historic estate is now home to a family-run country hotel with a gourmet restaurant. The top chefs at *Gutsherrenküche* have been upholding their Michelin star since 1998, conjuring up amazing menus using regional products with huge finesse. Just a few kilometres further on and you come to *Gutshof Liepen*. Here too a historic

estate has been converted into a comfortable hotel with restaurant. The cuisine in Liepen features impressive creativity and regionality: herbs from the garden and game from Vorpommern's forests are served here in creative dishes.

**TIP:** *Stolpe* is also home to the oldest inn in Vorpommern: Poet *Fritz Reuter* was once a guest at *Stolper Fährkrug*. It now serves traditional Pomeranian dishes.



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## VORPOMMERN:

# THE CRADLE OF NORTH GERMAN ROMANTICISM

The expanse of Vorpommern's unspoilt nature was already attracting inspiration-seekers to the region in the Romantic period from the end of the 18th into the 19th century. The most famous of these is *Caspar David Friedrich*, a son of the University and Hanseatic City of Greifswald. Follow in his footsteps and those of his contemporaries! The Route of North German Romanticism, a 54-km-long themed cycle trail that connects with the Caspar-David-Friedrich-Trail in the University and Hanseatic City of Greifswald, not only reveals important places

connected to *Caspar David Friedrich*, but also to his companion *Friedrich August von Klinkowström* from Ludwigsburg and his friend *Philipp Otto Runge* from Wolgast.

**TIP:** *A day with Caspar David Friedrich:* on the last weekend in August, the University and Hanseatic City of Greifswald holds a historic festival in celebration of its most famous son. A colourful programme takes you on a journey through time to the era of Romanticism.



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## TRADITIONAL FISHING VILLAGES

From the bay to the lagoon, the Pomeranian coast is dotted with charming fishing villages and traditional harbours. Whether fresh flounder or native garfish – many of the fishing villages in Vorpommern offer the catch of the day right on the harbour. Besides the little fishing village of Freest, the harbours in Greifswald-Wieck, Lassan, Mönkebude, Altwarp and Rieth are also enriched by authentic handicrafts. Most of the active fishermen in Mecklenburg-Vorpommern are to be

found in the fishing village of Freest. This is the home port for around 30 fishermen – visit in the mornings to buy fresh fish direct from the fishing boats.

**TIP:** Smoked-fish-evening with music from fisherman *Peter Döring*: The last fisherman in Rieth delights his guests with freshly caught, home-smoked fish and live music on his saxophone.





## DROP ANCHOR IN VORPOMMERN

Set sail for Vorpommern! Sailors and motorboat drivers will find ideal conditions here and a multitude of marinas and harbours. Varied culture, vibrant history and untouched nature await if you feel like turning your back on your boat for a while for some shore leave. For passionate sailors Vorpommern is the gateway to the Polish Baltic, which is increasingly popular, and the Danish island of Bornholm.

See the new harbour guide for information on all harbours and marinas in the region and more besides. Find inspiration for

shore leave in the regional brochure: *"Drop Anchor in Vorpommern"*. Both products can be ordered for free at: [info@vorpommern.de](mailto:info@vorpommern.de) or 0049 3834 8910

**TIP for all landlubbers: If you are not a sailor yourself, but would still like to enjoy the Vorpommern's beautiful scenery from the water, you can take advantage of special trips on offer in a variety of traditional sailing boats.**



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## THE POMERANIAN WAY OF ST JAMES

With 40 stages and a length of 800 km, the Pomeranian “Jakobsweg” pilgrim’s trail stretches from Kretinga in Lithuania to Swinemünde and on through Vorpommern to Rostock, where it connects with the Via Baltica pilgrim’s trail, which runs all the way to Santiago de Compostela.

Passing through different Baltic, Polish and German towns, the Pomeranian Way of St James takes you on a spiritual adventure along the Baltic coast across Vorpommern through

richly varied landscape.

Pilgrims are extremely welcome in Lassaner Winkel, the rural area on the Peenestrom and Achterwasser, which is famous for herbs, art and kettle holes.

**Refuel in the cosy pilgrim hostels and take advantage of the spiritual, calming or creative options for grounding and self-discovery in Lassaner Winkel!**





## ➔ GETTING HERE

**ALL ROADS LEAD TO VORPOMMERN** – Whether by car, train, coach, ship or plane – we show you convenient and fast connections to the Baltic region of Vorpommern. We wish you a good and safe journey whatever route you choose!

**By rail:** The IC/ICE train from Berlin takes about two and a half hours to Greifswald, while the regional train takes around three hours. There is a direct connection from Munich that takes 8 hours and 40 minutes. From Poland there are several direct connections a day from Szczecin to Pasewalk, from where there are direct services to Anklam, Greifswald and Stralsund.

**By car:** If you have your own car or a hire car from the airport, you approach Vorpommern from the north-west on the A20 motorway. The drive from Hamburg takes approx. three hours.

You can get to Greifswald from Berlin in approx. two and a half hours using the A11 and A20.

**By plane:** Flight connections to Heringsdorf and Rostock-Laage are available, bringing holidaymakers to the region quickly and easily.

Flight schedules for Rostock-Laage:  
<http://www.rostock-airport.de/>

Flight schedules for Heringsdorf on the island of Usedom:  
<http://www.flughafen-heringsdorf.de/>

**By ferry:** The ferry port at Sassnitz connects Vorpommern with Trelleborg in southern Sweden, Rønne on Bornholm, Klaipeda (Memel) in Lithuania and Saint Petersburg in Russia.

## IMPRESSUM/LEGAL NOTICE

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Hiroyuki Masuyama, Kreidefelsen auf Rügen 1818, 2016 (Ausschnitt)

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## 200 Years Wedding Trip – Caspar David Friedrich

Hiroyuki Masuyama: 1818 | 2018

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[www.vorpommern.de/en](http://www.vorpommern.de/en)